HILLINGDON BUSINESS

Thursday 26th May **2022**

Brunel University London



Championing
Hillingdon
Businesses
since 2015





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WELCOME

At Brunel University London we very much value our links with local business. I am therefore delighted that the University is hosting the return of the Hillingdon Business Expo. A clear sign that we are all "back to business"!

There can be no better way of showing the University's place at the heart of the community than through welcoming so many Hillingdon companies to exhibit on our campus, bringing visitors from all around the region to take part, and celebrating all that is great about doing business in West London.

When our friends at Ward Williams first mooted the idea of a business-to-business event seven years ago we never imagined that the Expo would so quickly and firmly become an annual highlight of the business calendar. Indeed, we were only ever talking about having a one-off event! All those involved – the organisers, sponsors, exhibitors and visitors – should be very proud of what they have achieved. This is a genuine partnership affair, made possible by a very large number of people across the Borough – from the chambers of commerce, large corporates, smaller companies, education, local government, the third sector and of course the University – all working together, giving their time and expertise for free.

Our involvement in this important initiative clearly demonstrates that as well as providing excellent teaching and world class research, our University is also active in promoting local economic development. We are proud to work closely with all those who make Hillingdon such a successful place in which to do business and are keen to do even more in the coming years. Our distinctive role has always been providing talent for local businesses and a first class learning experience for our students and graduates through obtaining internships, placements and jobs with the outstanding companies – large and small – who we are fortunate to have in Hillingdon.

I would like to thank everyone who has worked so hard to make the Expo a reality and also to the sponsors without whom, quite literally, this exciting project would not have been possible. My very best wishes to all the exhibitors, sponsors and visitors of the Hillingdon Business Expo.

Andrew Kershaw Director of Business Engagement Strategy Brunel University London

WELCOME

Welcome back to the Hillingdon Business Expo! We're finally back showcasing the very best of Hillingdon Businesses.

If Covid-19 has taught us anything, it's how quickly we have had to adopt new strategies, embrace new technologies, and cope with the ever-changing landscape. Mental health has been at the heart of the pandemic with having to work from home and live with social restrictions.

The Hillingdon Business Expo could not be timelier, and it's the perfect opportunity to get back into the groove of things!

Hillingdon Business Expo is an entirely FREE event for local businesses. FREE entry, parking, exhibitors stands, lunch, speed networking, speakers, entertainment, reception drinks and much more. This is only possible with the generosity of our Sponsors.

So come along and make the most of the day! It is your chance to get face time with fellow businesses and make new contacts.

Don't forget to bring your business cards!

Pally Randhawa Vice Chairman The Hillingdon Chamber of Commerce



EVENT PROGRAMME

The Hillingdon Business Expo returns on 26th May 2022, celebrating getting back to business after a two year absence.

With over 50 exhibitors and more than 1,000 visitors from local and regional companies, as well as the general public, a warm welcome awaits at Brunel University London campus in Uxbridge.

The last two years have seen the biggest changes in how we work than ever before. With this in mind there are 3 speakers at this year's event who will focus on Net Zero (Mark Jenkinson of Crystal Associates and Lucy Higson of Advanced UK), Communication (Mark Hodgkinson of Cfone) and Coping with Anxiety (Dr Rina Bajaj).

There will also be all day networking opportunities, two *Business Speed Networking* sessions, *business opportunity board*, *business card prize draws*, *a VR Experience*, *Uxbridge FM* will be interviewing exhibitors and visitors, free *BBQ networking lunch*, entertainment by *Dippy* the magician, music by *Pimp My Jazz* and a complimentary evening *drinks reception*.

Hillingdon Business Expo showcases all that is good about doing business in the Borough of Hillingdon and 2022 is no exception, promising a day of fun, sharing ideas, advice and making new contacts.

RUNNING ORDER

08:00 Business Breakfast - Darwin Room

Sponsored by Segro

Welcome by Andrew Kershaw, Director of Business Engagement Strategy, Brunel University London

Presentation from Amjad Ajil, Partnership Development

Manager, Segro

Formal opening by The Worshipful The Mayor of Hillingdon, Cllr

Becky Haggar-Kaikitis

09:30 **HILLINGDON BUSINESS EXPO 2022 OPENS**

10-12:00 **Guest Speakers**

Hosted by Charles McClelland of Branduin -

Newton Room

10:00 Communication - Mark Hodgkinson (Cfone)

"Cloud Telephony"

10:30 Dr Rina Bajaj

"Coping with anxiety"

11:00 Mark Jenkinson (Crystal Associates) and Lucy Higson (Advanced UK)

"Net 7ero"

10.15-11.15 **Mini Workshops - Perfecting Your 60 Second Pitch**

Stewart Smith from **NatWest** will be running 3 mini workshops in preparation for the speed networking at 11.30am. The workshops will take place at 10.15am,

10.45am and 11.15am in the Darwin Room

11:30 **Business Speed Networking - Darwin Room**

> Don't forget your business cards – 60 seconds to introduce your business to 30 new contacts in 1 hour. Ensure you

register your place at reception on arrival.

12:30-14:30 **BBQ Lunch - On the Balcony & Broosters**

Sponsored by Brunel University

RUNNING ORDER

14:00-15:00 Business Speed Networking - Darwin Room

Second session of the day. Don't forget your business cards – 60 seconds to introduce your business to 30 new contacts in 1 hour. Ensure you register your place at reception on arrival.

14:30-16:00 Introducing our Sponsors – On stage in the Newton Room

Andy Sharma, Business Results Coach meets our

Sponsors

16:30 Complimentary Drinks Reception – on the Balcony

Sponsored by Moore Kingston Smith













FEATURING AT THE EXPO 2022

SPEED NETWORKING

Register your place at reception on arrival to secure a seat at one of the two sessions taking place at 11:30 or 14:00. A structured, fast paced, fun and effective way to promote your business and meet new contacts. With up to 30 new opportunities for you to impress - don't forget your business cards!





BUSINESS OPPORTUNITIES BOARD

Place your business card on the Business Opportunities Board by the stage. Promote your business, see what others have to offer and make new contacts, maybe arrange to meet for a chat in the Bar!

Look out for Steve Parker from London Media Lounge who will be interviewing our exhibitors and visitors throughout the day.

Steve will be producing a promotional video of the day from the footage. Make sure to raise your profile with a free shout out for your business.



FEATURING AT THE EXPO 2022

BUSINESS CARD PRIZE DRAWS

There are some fabulous prizes in the free business card prize draws taking place throughout the day. All you have to do is place your card in the bowl when you register at reception to be entered.

Prizes are generously donated by our exhibitors.



- 3 months coworking at Adapt
- £100 Amazon voucher
- 1-2-1 1hr business advice x 3
- 30 minute Brand Clarity Call worth £350
- 5 coaching/therapy sessions worth
 £1,000
- Any free home service offered on Essentials 111 platform up to £100
- Echo Show 8
- A marketing package worth up to £250
- 1 night bed & breakfast at the Lancaster Hotel, Brunel
- A Microgreen Pros Hamper worth £100
- 40 Min Sports Massage Treatment (including consultation) x 2
- Drafting of a Will
- One to One bespoke Forex Education (worth £1,299)

- Summer hamper
- 1 day co-working space
- 1-2-1 Zoom yoga lesson
- Initial chiropractic assessment & treatment worth £100
- Figurine from a well known movie
- Taster Workshop on Stress Management for up to 12 employees
- Apple TV
- 1 night bed & breakfast @ Hyatt Place Hayes
- Bottle of champagne & 1 hour consultancy session with MKS
- 1 year of free access to 24/7 GP worth £120 x 10
- 1-2-1 running or strength and conditioning session
- Free eye test & glasses worth £100

FEATURING AT THE EXPO 2022





STAND 7

Try out the Virtual Reality experience, a fun and interactive feature, courtesy of SEGRO.



MAGIC

Look out for Dippy, who is mingling with our visitors to amaze you with his sleight of hand.



MUSIC

Enjoy music from local band, Pimp My Jazz, in Broosters Bar. Entertaining you throughout lunchtime.

Broosters - 12.30-14.30



WORKSHOPS

Perfect your 60 Second Pitch - mini workshops to prepare for the speed networking sessions.

We would like to thank the following companies and organisations who have made this B2B networking event freely available. Without their generous time and sponsorship, this event would not have been possible.

ADVANCED UK (XEROX)





Advanced UK, est. 1991 and based in Uxbridge. We are an Intelligent Sustainable Workplace Solutions provider. We have over 900 clients of varying sizes & sectors, the majority of which are in the home counties. We're a company that "thinks globally but acts locally".

We pride ourselves on finding by sector innovative solutions to help companies manage their challenges towards the achievement of their goals. Our recent focus has centred on helping companies with the challenges of hybrid working, especially in respect of data & email security. We also lead with a strong Sustainability, ESG, and carbon management service.

Supreme Court testimonial

 $\underline{https://advanced-uk.com/testimonials/supreme-court-testimonial/}$

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CONTACT INFO

Company name: Advanced UK

Sector: Technology & Services
Website URL: www.advanced-uk.com
Social media handle(s) Twitter: @AdvancedUK

LinkedIn: #AdvancedUK Facebook: @AdvancedUK

Phone: 01895 811811

Email: joe.gallagher@advanced-uk.com

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STAND 24

The Brunel Business School, located in West London, is dedicated to excellence in learning and is in the top 20 universities for research.

This passion in the pursuit of knowledge translates into teaching that engages and inspires. We are accredited by The Association to Advance Collegiate Schools of Business (AACSB), the highest global standard for business schools with only 5% worldwide achieving this accolade.

Our Help to Grow programme, which is 90% funded by the government and accredited by the Small Business Charter, helps senior managers of small and medium sized businesses boost their business's performance, resilience and long-term growth.

W: brunel.ac.uk/business-school

T: +44(0)1895 268179/+44(0) 7471 449987

E: <u>sunaina.mamgai@brunel.ac.uk</u>

Social Media: linkedin.com/school/brunelbusinessschool/



STAND 10

Brunel Conference Services, located at Brunel University London (Uxbridge), offer tailor made packages to suit our clients needs. We provide an extensive choice of lecture theatres, auditoriums, seminar rooms, conference space, student accommodation (summer) and filming/photography locations.

The Hamilton Centre is open for bookings throughout the year. General teaching space, to include the Lecture Centre, Howell theatre and Eastern Gateway Auditorium is available out of term time (summer).

Our catering team are here to cater for all your requirements and provide a range of menus to meet your needs.

W: https://www.brunelvenues.com/

T: 01895 266000

E: <u>Conference@brunel.ac.uk</u>

COLT DATA SERVICES





We design, construct and operate hyperscale data centres across Europe and the APAC.

We have 14 world class data centre facilities that are 100% carrier and Internet Exchange neutral, our business is focused on delivering hyperscale data centre solutions that meet the needs of our customers and of our planet. We are global. We are connected. We are secure. We are sustainable hyperscale.

CONTACT INFO

W: www.coltdatacentres.net

E: dcsinfo@colt.net

Social media: LinkedIn, Twitter Colt data centre services

HARROW COLLEGE UXBRIDGE COLLEGE





HCUC Apprenticeships & Skills is an industry leading training and largest college apprenticeship provider in west London brought to you by **Harrow College** and **Uxbridge College** (**HCUC**). We offer an enhanced provision of high-quality apprenticeships, higher technical and professional development courses with various flexible delivery modes, plus recruitment and training for employers.

Our offer includes:

- Regular & blended learning apprenticeships in over 28 sectors
- Technical higher education through West London Institute of Technology based on our Uxbridge campus
- T Level qualifications & industry placements
- Work experience & traineeships
- Skills training & courses for upskilling & reskilling opportunities.

CONTACT INFO

Company name: HCUC Apprenticeships & Skills

Sector: Education and Training Website URL: www.hcuc.ac.uk/employers

Social media handle(s): Facebook, Twitter, TikTok and Snapchat -

@HCUCSkills

LinkedIn <u>linkedin.com/company/hcuc-skills</u>

Phone: 01895 853780

Email: <u>employers@hcuc.ac.uk</u>

MOORE KINGSTON SMITH



MOORE Kingston Smith

STAND

Moore Kingston Smith is a dynamic, leading UK firm of accountants and business advisers.

As trusted advisers to businesses, private individuals and not for profit organisations, we are passionate about helping our clients achieve their ambitions. We are committed to supporting them through good and tough times. Our highly experienced people have the strategic insight, drive and dedication to deliver results.

With over 70 partners and more than 650 people based in and around London, we are a leading member of the Moore Global Network. An international family made up of over 30,000 people across more than 100 countries, members connect and collaborate to take care of our clients' needs - at a local, national and international level.

CONTACT INFO

Moore Kingston Smith Company name: **Accountants and Advisers** Sector:

Website URL: mooreks.co.uk Social media handle(s): @MooreKSLLP Phone: 020 8848 5500

Fmail: isevmour@mks.co.uk

ONE CARE IT











Established Managed Service Provider (MSP) offers reliable and costeffective ICT Services to SMEs and large multinational organisations.

We partner with our clients and provide the latest technologies to ensure the ICT experience is of the highest standards. We guarantee our solutions are in place to secure your entire network and proactively mitigate any threats to allow you to concentrate on your own business.

- Support, System Maintenance and Installations
- Infrastructure Services
- Procurement
- Cyber Security & Data Protection
- Microsoft Office 365
- VoIP Telephone Systems
- IT Consultancy for Developers
- Mobile Boosting Solutions
- Smart Buildings

Smart Lighting – we replace AC Mains with network cabling to provide substantial cost savings, simplified maintenance, and a reduction on your carbon footprint.

CONTACT INFO

Company name: One Care IT

Sector: IT

Website URL: onecareit.com

Social media handle(s): Twitter: @OnecareIT

FB @onecareit

Phone: 01895 234123

Email: mail@onecareit.com

WARD WILLIAMS





We are a leading provider of quality business support and personal financial services to our chosen clients. Our client-focused services are delivered through two divisions: Chartered Accountants and HR Consultants, all working together from five locations in Uxbridge, Weybridge, Sunninghill, Bracknell and London.

Our business clients are entrepreneurial businesses operating in the UK and overseas in a wide range of sectors. Whilst we have a dedicated team of industry specialists, we prefer to focus on the people rather than the industry. We assist our business clients in maximising profitability, managing future tax costs and ultimately helping implement their business strategies.

We are committed to helping our personal clients achieve their financial objectives by providing an all-round financial solution to help create, build and preserve their financial wealth and security for now and for the generations to come.

"Ward Williams have been my accountant for many years and have been very helpful in ensuring my requirements are addressed. They have been very responsive and provide the best possible service".

CONTACT INFO

Company name: Ward Williams Chartered Accountants

Sector: Professional Services
Website URL: www.wardwilliams.co.uk

Social media handle(s): <u>linkedin.com/company/ward-williams</u>

twitter.com/wardwilliamsCA

Phone: 01895 236335

Email: enquiries@wardwilliams.co.uk

ADAPT BY ARLINGTON



Spacious, stylish & flexible office space

Our spaces aren't static structures like the inflexible offices of the past. Quite the opposite, they're dynamic, agile and adaptable. Located in Uxbridge Business Park, Adapt offers coworking and private office space to suit freelancers, start-ups, and SMEs. With super-fast Wi-Fi, 24-hour access, meeting rooms, access to break-out areas and printing all included.

Design-led private offices, meeting rooms, and collaborative coworking space is just the start. We are also surrounded by 50 acres of glorious parkland – including sports facilities.

CONTACT INFO

Company name: Adapt By Arlington Sector: Flexible Workspace

Website URL: www.adaptbyarlington.com

Social media handle(s): <u>twitter.com/adapt_by</u>

facebook.com/adaptbyarlington/instagram.com/adaptbyarlington/

Phone: 01895 528500

Email: hello@adaptbyarlington.com

THE ATRIUM



The Atrium is a prestigious serviced office building in the heart of Uxbridge.

Inside the venue you'll be greeted by a welcoming reception, and the meeting rooms provide idyllic views over the North West section of the greater London area. In the central atrium you'll find plenty of break-out areas and an on-site cafe.

- •Two floors of quality office space
- Serviced offices
- Meeting rooms
- •24/7 access
- Personalised mail handling

Recent testimonial:

"Thank you all so much for making sure our meeting day went so well – special call out to the team who managed front desk and all of my queries and requests single handedly and with such efficiency and calmness! Thanks. Oh, and for their photography skills!"

CONTACT INFO

Company name: The Atrium Sector: Property

Website URL:Home » Atrium (atrium-uxbridge.co.uk)Phone:44 (0)1895 455 908/ +44 (0)777 5337275Email:maeve.flanagan@atrium-uxbridge.co.uk

BRANDUIN





Branduin collaborates with Local Authorities, Growth Hubs, Chambers of Commerce and University Entrepreneur Hubs to identify the business advisory and support services required to help them achieve their strategic objectives. We have delivered over 25 funded projects since 2010, and our Fit To Bid® supplier development programme has received enthusiastic support from several Local Authorities, Heathrow, Construction Companies, Tier-1 & 2 suppliers and major projects. Branduin's diverse Membership comprises quality-assured business advisors, with the capability to meet our clients' needs throughout their business journey – start-up, revenuegeneration, growth, and exit. Our programmes deliver social value, local jobs, and build community wealth.

CONTACT INFO

Company name: Branduin Business Support Sector: Business Advisory Services

Website URL: www.branduin.co.uk Social media handle(s): Twitter - @Branduin

Phone: 020 3488 7150

Email: info@branduin.co.uk

BUSINESS RESULTS COACH



The best way to describe coaching is to think of any top performer in any field. They all have coaches because they want to continuously improve their game and stay competitive.

So why would business be any different?

Why would a business that wants to be high performing not have a coach?

As your coach, our focus is YOU. We help you design your future, your goals and your life. We will be your partner, your advocate, your champion and would guide you to implement the right strategies which will help you achieve your goals.

Andy Sharma has over 30 years of experience working in corporate, managing his own business and business consulting. Over last 7 years, Andy has helped hundreds of businesses, across various industries, increase their sales & profits, build better teams and improve the value of their business.

CONTACT INFO

Company name: Business Results Coach

Sector: Business Coaching

Website URL: https://businessresultscoach.co.uk/
Social media handle(s): facebook.com/CoachAndySharma/

twitter.com/Andyksharma

Phone: 020 8004 6000

Email: sm@businessresultscoach.co.uk

CFONE COMMUNICATIONS





CFone Communications help businesses improve their telephony so employees are free to make and receive business phone calls anywhere.

Flexible home working has changed the way we work, so help your employees

Work reliably and securely wherever they are.

We've helped business throughout the UK improve their telephony and broadband.

Private Sector - Small and medium businesses Public Sector - NHS, Education and Government

Customer testimonials & 5 Star Google rated reviews

CONTACT INFO

Company name: CFone Communications

Sector: Business Telephones and Broadband

Website URL: https://www.cfone.co.uk/

 Phone:
 020 8573 1177

 Email:
 sales@cfone.co.uk

Dr RINA BAJAJ





Dr Rina is a Counselling Psychologist and has been working within the field of mental health since 2004. She is based in Uxbridge but has an international clientele. She offers one to one therapy (from a range of different psychological models), couples therapy, coaching and corporate training around mental health and wellbeing. She is passionate about supporting people on their individual journeys and offers a tailor-made approach. Rina believes in fitting the therapy to the person rather than the other way around so that therapy is accessible to people from all walks of life.

CONTACT INFO

Company name: Dr Rina Bajaj Ltd

Sector: Mental Health and Wellbeing

Website URL: <u>www.RinaBajaj.com</u>

Social media handle(s): Instagram: @Dr.Rina.Bajaj

Facebook.com/DrRinaBajaj Twitter: @Dr.Rina.Bajaj

Tik Tok: @DrRina8

Phone: 07951582272

Email: info@rinabajaj.com

HEATHROW



As the UK's largest port by value, Heathrow is a gateway to the world and a major facilitator of UK trade accounting for two thirds of all trade transported by air in the UK (by value), with this figure rising to over 75% for non-EU trade. Heathrow is well placed to play a central role in supporting the Government's Global Britain objectives, facilitating new free trade agreements and serving as a vital link for businesses locally and throughout the country to key international trading partners.

HILLINGDON VISION

HILLINGDON VISION

STAND 3

A new idea in community services, Hillingdon Vision was formed in 2019 by enthusiastic local people with a love for helping others, who decided to create an organisation solely focused on making Hillingdon a better place for all.

Hillingdon Vision aims to improve Hillingdon through its; media work, community projects, events and charitable services.

open to people of all backgrounds our volunteer program allows those working with us to attend and take part in a wide variety of activities.

CONTACT INFO

Company name: Hillingdon Vision Community Media

Sector: media/community / charity
Website URL: www.hillingdonvision.com
Social media handle(s): FACEBOOK @Hillingdonvision

Phone: 01895900090/07377272998

Email: hillingdonvision@journalist.com

HYATT PLACE WEST LONDON





A modern West London hotel, located near Southall, with easy access to Uxbridge, Ealing as well as local attractions such as Westfield Shopping Center, Wembley & Twickenham Stadium. The hotel is well-positioned nearby the motorways M4, M25 and M40. During your stay, take advantage of our on-site parking (including electric car charge points) with 70 secured spaces

CONTACT INFO

Company name: Hyatt Place West London Hayes

Sector: Hospitality

Website URL: www.hyattplacewestlondonhayes.com Social media handle(s): FB- @HyattPlaceWestLonondhayes

INSTAGRAM @hyattplacewlondonhayes

Phone: 01895 447 007

Email: <u>westlondon.hyattplace@hyatt.com</u>

LONDON MEDIA LOUNGE



For social media videos or podcasts, come and record at our Uxbridge studios. Spend a few hours with us creating content, then relax knowing you've got ready made social media posts 'in the bag'.

Choose our green screen studio for ultimate flexibility, or bring in guests to create podcasts for your industry niche. We'll handle your editing, graphics and tea and biscuits.

CONTACT INFO

Company name: London Media Lounge

Sector: Media

Website URL: www.londonmedialounge.co.uk/

Phone: +44 1895 607987

Email: steve@londonmedialounge.co.uk

NATWEST





NatWest Group is the largest business and commercial bank in the UK, with a leading retail business. We are the biggest supporter of the business sector – banking around 1 in 4 businesses across the UK and Ireland, from start-ups to multi-nationals. We offer comprehensive banking and financing solutions to start-up, SME, commercial, corporate, and institutional customers in the UK.

We're there for our customers as they start, grow, and manage their businesses. Our innovative products and services help customers achieve their growth, environmental and social targets. We deliver a high-quality sales and service experience through our expertise and deep engagement, locally, regionally, and nationally through face-to-face, direct and digital channels.

CONTACT INFO

Company name: NatWest

Sector: Finance and Enterprise Website URL: www.natwest.com

www.natwest.com/business

Social media handle(s): <u>linkedin.com/in/stewart-smith-cert-</u>

bbp-9210a84b

Phone: Personal Banking 03457 888 444

Business Banking 03457 114477

Email: stewart.smith@natwest.com

TIGER TROPHIES



We are a friendly and experienced company with over 30 years experience in the business and having spent many years coaching grass roots sport we aim to exceed your expectations, particularly with special junior sport offers. We are based in Bristol & Middlesex.

We offer a huge range of engraved trophies and awards to suit all sports & occasions including corporate awards, association & committee presentations, schools, and for those fun & friendly competitions with a variety of designs and budgets available. We can personalise your awards with name of award/ team/players name etc. Please contact us for a quote.

CONTACT INFO

Company name: Tiger Trophies

Website URL: https://tigertrophies.co.uk/

Phone: 020 3327 6279

Email: sales@tigertrophies.co.uk





Co-Innovate Journeys provides support to SMEs, connects London-based SMEs with academic expertise and research practices at Brunel University London. This initiative provides the tools and support necessary to help your business innovate, differentiate and compete successfully in the market through collaborative projects with academics and students.

Co-Innovate Bridging the Gap (BtG) supports new start-ups /Entrepreneurs. This initiative supports London-based new start-ups to launch, scale and grow their innovative ventures. Co-Innovate BtG can help to drive a start-up forward through mentorship from experienced entrepreneurs and a flexible training programme to fast track an idea.

W: <u>Co-Innovate | Brunel University London</u>

E: <u>co-innovate@brunel.ac.uk</u>

Social Media: <u>co-innovat</u>Twitter: @Colnnovate_Bru LinkedIn: <u>Co-Innovate Brunel | LinkedIne@brunel.ac.uk</u>





Branding and Headshot Photographer and Brand Visual Styling Expert. To me, it's NEVER just a few quick snaps for your website or social media. Branding photography is one of THE most important investments in your brand you will ever make, and I'm here to make sure that every image you use communicates your brand to your clients without a word.

I work with entrepreneurs, small to medium-sized businesses and design agencies. If you are a service-based business – a coach, therapist, crafter, a nutritionist, a consultant then working with me will ensure that you are SEEN by your clients online. .

W: <u>www.thebrandingphotographer.com</u>

T: 07866 509795

E: Claire@thebrandingphotographer.com

Social Media: facebook.com/clairegardnerphotography.

CENTRAL RESEARCH LABORATORY

STAND 37

POWERED BY +×

Central Research Laboratory (CRL) is the UK's leading accelerator and coworking space for hardware startups and product pioneers. CRL has supported hundreds of entrepreneurs to realise and scale their companies through product development, commercial strategy, 24/7 prototyping facilities and access to a network of investors and mentors. Central Research Laboratory is part of Plus X, a growing national network of innovation hubs enabling businesses of all sizes to collaborate, innovate and grow. With a unique formula combining world-class architecture, healthy and inspiring workspace, specialist facilities, business support programmes and academic knowledge exchange, Plus X helps businesses and communities to thrive.

W: <u>centralresearchlaboratory.com/</u>

T: +44 20 8051 0666 E: hellocrl@plusx.space

Social media handle(s): LinkedIn/ Facebook/ Instagram:

@centralresearchlaboratory. Twitter: @CRL LDN





House of Leaders, part of Designer Life is a Boutique Coaching Company established since 2004 delivering World Class Coaching. Specialists in Stress Management, Soft Skills, Leadership and Life Transformation, we deliver professional coaching and workshop facilitation for SME's - local and London.

Stress causes over 80% of sickness/disease and also costs business's millions of pounds each year in sickness and in employee professional support. 93% of Managers believe that Coaching should be available to all employees regardless of seniority.

Our aim is to give you a bespoke solution for employee wellbeing and performance that brings ROI. **Keep Calm-Hire a Coach**

W: designerlife.co.uk/house-of-leaders/

T: 0203 0028895

E: different@designerlife.co.uk

Social media handle(s): <u>linkedin.com/in/neelam-challonercoach5782</u>



STAND 4

Educo London is an innovative e-learning company with a vision to empower people to become lifelong learners to improve their cognitive ability, mental wellbeing and overall pursuit of happiness. The roots of lifelong learning begin in childhood and we believe that an active learning approach develops children's autonomy and ability to learn. We offer one-to-one interactive online tuition across a wide variety of subjects to students of all ages. We are also in the process of developing a new course for parents and educators on early childhood development and how to engage children to reach their full potential.

W: www.educolondon.com

T: 07309486647

E: <u>info@educolondon.com</u> Social media: @educolondon





Essentials111 is an On Demand platform (Website & App) helping users across London to book local services and professionals in real time. Providing Home Services, users can book locally recommended tradesmen like cleaners, gardeners, handymen, plumbers, car wash to services like tutors, chefs, personal trainers and more with an option to get unlimited quotes or book Instantly.

Based in Northwood (HA6), however our Platform caters to users across London.

Highlights: On Demand Availability, Mobile App, Open 24/7 Google Reviews:

Next Door Reviews:

W: <u>www.essentials111.com</u>

T: 07888 863111

E: contact@essentials111.com



STAND 35

Figureland is an online retailer based in Uxbridge and has been trading since 2015. Providing high quality collectible merchandise and more related to movies, TV, cartoons, Anime, video games and more including a huge variety of figures and statues, prop replicas, diecast vehicles, models, kitchenware, cushions, keyrings and there's thousands of lines available from distributors who work with hundreds of manufacturers from around the world.

If you're looking for something different or cannot find what you're looking for, just ask.

Figureland is part of a niche but growing market and serves customers around the world in many countries.

W: www.figureland.co.uk

T: 01895 349595

E: <u>enquiries@figureland.co.uk</u>

Social media: Twitter: @FigurelandUK | Facebook: @FigurelandUK





H4All CIO is a Charitable Incorporated Organisation (CIO) made up of five prominent third sector charities: Age UK Hillingdon Harrow & Brent, DASH, Carers Trust Hillingdon, Harlington Hospice and Hillingdon Mind. H4All CIO is a partner in the local Hillingdon Health and Care Partnership (HHCP) which includes Hillingdon Primary Care Confederation as well as local NHS foundation trusts providing community care services and acute hospital care.

Through H4All CIO and our sovereign partners we deliver a wide range of Wellbeing and <u>Social Prescription</u> services in the London boroughs of Hillingdon. We also have a Community Development Team and a Volunteer Hub.

Website URL: www.h4all.org.uk

Social media handle(s): FACEBOOK @h4allorg TWITTER

@h4all_charity INSTAGRAM @h4allorg

Phone: 01895 543434 Email: info@h4all.org.uk



STAND 26

Established in 1987, Harradine Garden Services provide grounds maintenance and office plants to domestic and commercial clients across the London Borough of Hillingdon and surrounding areas. Our professional grounds maintenance team are fully insured and qualified, and we pride ourselves on providing excellent customer service. We take great pride and pleasure in seeing our clients enjoying their gardens. Our commercial clients benefit from our efficient and comprehensive grounds maintenance service, as well as our interior landscaping offering.

For domestic and commercial grounds maintenance, look no further than Harradine Garden Service

W:: harradinegardens.co.uk

T: 01895 232 704

E: <u>info@harradinegardens.co.uk</u>

Social media: Twitter: @Harradine_Gdn | Facebook: @Harradine Garden Services | Instagram: @harradinegardens | LinkedIn:

@Harradine Garden Services



STAND 36

We are an independent opticians providing services such as eye exams, contact lens assessment and dry eyes assessment. We specialise in tailor made prescription glasses and contact lenses.##We are located on the Uxbridge Road, opposite Church Road. We cater to everyone who needs eyecare, spending quality time with customers and make bespoke glasses. You will find lots of testimonials on google.

W: <u>www,hayeseyeclinic.co.uk</u> E: hayeseyeclinic@gmail.com

T: 0208 561 1625



STAND 12

Graduate from the renowned Palmer College of Chiropractic (USA) close to 20 years ago with international experience. Our practice is located in Hayes Hillingdon. We see individuals of all ages experiencing headaches/migraines, neck/back pain, sciatica, aches, arthritis and tension in the body. We utilise cutting edge treatments such as spinal manipulation, soft tissue therapies, acupuncture, kinesiology taping, lifestyle modification advice, community outreach posture checks and health talks. Services also available in Punjabi, Hindi and Urdu. We pride ourselves on making all our practice members feel welcome and we do our best to facilitate their lifestyle improvement goals.

W: www.drtarveen.com

T: 07773415415

E: doctortarveen@gmail.com

Social media: IG@drtarveen FB/drtarveen Twitter/drtarveen



STAND 6

Heart Relocation is headquartered and operates globally from Uxbridge. With partnerships in 110 countries and the ability to support our client's relocation requirements. In an industry where typically the stated differentiators for providers seem to be the same, we are pleased at Heart Relocation to be able to stand by our differentiators confidently and proudly. Limited caseloads for consultants means we can invest more time in our customers and create happy clients as testified by our current Net Promoter Score of 92. In the words of our biggest "I am so happy we have Heart Relocation to support us".

W: <u>www.heartrelocation.com</u>

T: 07825049781

E: rob.fletcher@heartrelo.com

Social media: <u>facebook.com/Heartrelo,twitter.com/RelocationHeartinstagram.com/heartrelocation, youtube.com/channel/UCERPKuA3-PbWvZj_9jXMZiA, linkedin.com/company/heart-relocation/, pinterest.com/HeartRelocation</u>



STAND 39

Heppelthwaite the Red Van Plumbers are a local award-winning family run plumbing, heating and renewable energy company since 1948. The Red Van Plumbers specialise in domestic and commercial services. These services include boiler installation and servicing, heat pumps, gas safety certificates, underfloor heating, bathroom designs, renewable energy and more. Our customers range from domestic homeowners to councils, schools, hospitals and new build developers. Part of the Evans Group which comprises of 5 divisions. Each division specialises in key areas such as design, contracts and special projects, installation, service and maintenance, underfloor heating and renewable energy.

W: www.redvanplumbers.co.uk

T: 01628 533 550

E: info@redvanplumbers.co.uk

Social media: https://www.linkedin.com/company/heppelthwaite-the-red-van-plumbers





We are a local firm with over 30 years experience in the financial services industry.

Our expertise covers the broad spectrum of financial planning and we will help your Business and you personally with: Life insurance; Investments including ISAs; Pension and Retirement Planning; Business succession Planning including Business; lasting Powers of Attorneys Inheritance Tax Planning; Will Writing Including Lasting Powers of Attorney9; Advise on saving income and capital gains taxes; Probate

We can advise on corporate tax Planning Preserve assets for long Term Financial Security

W: www.kamal-dhaliwal.co.uk

T: 07884 004179

E: kamaldhaliwal@kdifa.co.uk



STAND 10

Your home away from home.

We are an AA accredited 3 star hotel situated 5 minutes away from Uxbridge town centre, within Brunel University London. We offer an array of facilities including 70 en-suite bedrooms (30 deluxe doubles, 40 standard double) and complimentary spa facilities including a jacuzzi, plunge pool, sauna and steam room. Gym facilities are also just a 2-minute walk away. We have a spacious indoor bar and restaurant area, alongside a riverside garden. We cater for private functions, including buffets and large group dining, plus three commodious boardrooms which can be hired both internally and externally.

W: www.brunel.ac.uk/hotel

T: 01895 268006

E: <u>Lancaster-suite@brunel.ac.uk</u> Social media: @lancasterhotelandspa



STAND 2

At Metro Bank, we do banking differently. We are people-people, and for us, it's all about our customers. We're on a mission to become the UK's best community bank, because we know there's nothing more important than lending a helping hand. Supporting communities is an essential part of what we do.

That's why our stores are open earlier and later than the rest, every day of the week. Our colleagues are on hand to support you and your business each day. Our local store in Uxbridge opened in 2011 – you'll find it inside The Pavilions Shopping Centre. Pop in to say hello!

W: https://www.metrobankonline.co.uk/

T: 07967 824077

E: liam.burcombe@metrobank.plc.uk Social media: LinkedIn – Metro Bank (UK)





We produce easy grow microgreen kits in several seed varieties including organic herbs, microgreens and wheatgrass, which have amazing health benefits for humans and our pets too.

Each kit comes with everything you need to grow your own greens, easy-to-follow instructions and tips. Available in handy recyclable and disposable cups, ceramic pots or beautiful wooden planters.

We are based in Hayes and currently cater to the consumer but are open to B2B opportunities.

Our product not only allows you to take control of your health and nutrition but be part of wider environmental change by reducing your meat intake and increasing your consumption of greens.

W: https://linktr.ee/microgreenpros

T: 07454 748 362

E: laura@microgreenpros.co.uk

Social media: @microgreenpros - Instagram, TikTok, YouTube,

LinkedIn



STAND 40

We are an owner operated full service design, print and copy centre dedicated to providing a high standard of customer service paired with high quality and competitive priced products and services.

Every job is customised to suit individual client needs with no minimum print runs.

We offer in house graphic design service and print finishing such as laminating and binding.

We can print anything with your name or logo to help run and grow your business.

We can ship direct to you or come to see us as we are conveniently located on the Uxbridge Road in Hayes.

At Minuteman Press Uxbridge, WE DESIGN, PRINT & PROMOTE... YOU!

W: https://uxbridge.minutemanpress.co.uk/

T: 01895 543667

E: <u>uxbridge@minutemanpress.com</u>



STAND 13

Michael Sobell Hospice is committed to creating special moments for people with a life-limiting illness in the Borough of Hillingdon. The Hospice is based at the Mount Vernon Hospital and has been delivering free and expert palliative care and support to our local community since the 14th February 1977.

Our professional team offers medical, nursing, emotional care, and practical support to local people facing life-limiting illnesses and their families and carers. Our aim is that every patient should experience a journey towards the end of their life that is peaceful, comfortable, and free from worry and pain.

W: www.michaelsobellhospice.org

T: 020 3909 0446

E: <u>lmoore@michaelsobellhospice.org</u>

Social media: Facebook: /michaelsobellhospice; Instagram: /michaelsobellhospice; Twitter: /MichaelSobell; Linkedin:

company/Michael-sobell-hospice/



STAND 32

The overall aim of the programme is to engage, educate and empower those living with long term conditions and other health issues, both physically and mentally to enable them to better self-care, self-manage and navigate services by increasing knowledge, skills, and confidence.

All workshops delivered through the MyHealth programme are facilitated by a health professional. Current workshops include: Type 2 Diabetes; Pre-Diabetes; Menopause; Diet & Nutrition for Weight Loss; Hypertension & Cholesterol; Paediatric Asthma; COPD

W: www.myhealthhillingdon.nhs.uk/

T: 01895 543 437

E: nhsnwlccg.myhealth@nhs.net

Social media: Instagram: @myhealthhillingdon Facebook:

@MyhealthHill



STAND 31

There has never been a better time to protect your business and employees. Our EAP (Employee Assistance Programme) and 24/7 GP service ensure you offer the best support for your staff.

We offer fantastic benefits and rewards for your employees, customers or volunteers which include savings at theme parks and restaurants to support programmes designed to help show your employees that you care.

For more information fill out our quick contact form on our website. A happy employee is a productive employee.

We are proud supporters of local causes and Borofree allows employees a simple way to receive pay advances at no cost to the employee or employer.

W: https://www.perksdirect.co.uk/

T: 01895 605607

E: <u>derek@perksdirect.co.uk</u>

Social media handle(s): https://www.facebook.com/perksdirect



STAND 34

We provide safe and secure storage units for home and business use. Free removals into storage included, providing an all-inclusive, seamless and effortless service. You will receive exceptional customer service and advice from our friendly, knowledgeable storage specialists. With a large variety of unit sizes to cater for all needs, from a locker-size to large garage-size, we will have a unit that is just perfect for you; whether you are moving home, decorating, refurbishing or just need a little extra space. We also offer student storage and modern furnished offices. Get in touch, we look forward to hearing from you!

W: www.space-station.co.uk

T: 01895 447 007

E: uxbridge@space-station.co.uk

Social media handle(s):

https://www.facebook.com/SpaceStation.uk https://www.instagram.com/spacestationselfstorage/<u>.co.uk/</u>



STAND 9

Uxbridge LTC is a tennis club based within Uxbridge Sports Club. We are an inclusive club that offers tennis to players of all ages and abilities as well as providing tennis to disability groups 7 days a week. We have 8 courts 6 of which are usable all year round and provide coaching to anyone who wishes to learn.

W: <u>www.uxbridgetennisclub.org.uk</u> E: gnormantennis@gmail.com

T: 07951826135



STAND 27

I practice Sports Massage Therapy from a treatment room at Runnersworld Eastcote and Teach Hatha Based Yoga online via zoom and in-person at Harrow Arts Centre. I can provide yoga for corporate teams online or at your workspace (Within a 10 mile radius of Eastcote HA5). I work with a range of people from sports people to more sedentary and specials needs and structure my classes to suit the group or individual's needs.

W: www.yogaandsports.co.uk

T: 07711945186

Email: sd@runnersworld.ltd.uk

Social media handle(s): Insta & youtube: @athleteyogi, Facebook

yogaandsports, Linkedin Sharon Dooley



STAND 23

IBB Law is recognised as a leading law firm in the Thames Valley, West London, and the western Home Counties. We have 16 teams and 24 individuals ranked as leaders in their field by the premium legal directories.

We are a modern, full-service law firm that is proud of the people we work with – both our clients and our employees. We care about our clients and put you at the heart of what we do. We work to truly understand you and your needs, and tailor a solution to meet them.

W: <u>www.ibblaw.co.uk</u>

T: 0330 175 7614 / 03456 381381

E: enquiries@ibblaw.co.uk

Social media: @ibb_law <u>IBB Law (@ibb_law) • Instagram photos and videos;</u> @IBB Law <u>IBB Law | Facebook;</u> @IbbLaw <u>IBB Law (@IbbLaw)</u>

/ Twitter; @IBB Law LLP IBB Law LLP - YouTube @IBB Law

https://www.linkedin.com/company/ibb-law

POP UPS

Accountancy Enterprise Ltd (AEL) is a small firm based in Hayes, Middlesex which services Small and Medium sized businesses in any industry or sector. At AEL, the vision has always been to deliver a quality service to clients and add value to their businesses by bringing large firm expertise and combining it with personal attention to detail. Accountancy Enterprise Ltd

W: www.accountancyenterprise.com

T: 0203 011 0312

E: <u>vijay@accountancyenterprise.com</u>

https://www.facebook.com/AccountancyEnterprise/

https://twitter.com/VLochun

https://www.linkedin.com/in/bestaccountants-in-hayes/

We are the charity that supports Hillingdon and Mount Vernon hospitals. We are located in Hillingdon Hospital. We fundraise to for both hospitals to provide facilities and extras that the NHS doesn't pay for.

We have just completed a Maternity Bereavement Suite called the Ocean Pearl Suite, it is the only one of its kind in the country.

We strive to make the patient experience that bit better. We provide opportunities for businesses to spend team building days at the hospital improving the environment for patients.

W: www.hillingdonhospitalscharity.org

T: 01895 279789

E: <u>thh.hillingdoncharityadmin@nhs.net</u>

Social media: @HillHospCharity



Discover the difference at London Heathrow Marriott Hotel. Modern guest rooms offer sumptuous bedding, soundproof windows, a Smart TV with plug-in technology and high-speed Wi-Fi access, while our upgraded suites provide extra space and access to our exclusive M Club Lounge. Satisfy your cravings at Carluccio's, our hotel's on-site Italian restaurant, break a sweat at our well-equipped fitness centre or enjoy a rejuvenating swim in our heated indoor pool. With almost 10,000 square feet of sophisticated award winning venue space and expert planning and catering teams, our hotel is an outstanding destination for a business meeting, wedding or social occasion.

W: www.LondonHeathrowMarriott.co.uk

T: 020 8990 1100

Social media: London Heathrow Marriott



POP UPS

Supporting BME clients, experiencing mental health who are 19+, currently not in employment. We support with right to work and eligibility, helping digitally excluded clients. Accredited ESOL Courses, employment support, online weekly job clubs. Free online accredited courses and an education specialist that can find a free course tailored to your needs and goals. IPS delivers services in the following borough's: Hillingdon, Hounslow, Harrow, Hammersmith & Fulham, Barnet, Brent. "IPS have supported me into self-employment, I have improved in my confidence and self-belief" To self-refer, contact:

W: www.eachcounselling.org.uk

T: 02085776059

E: info@eachcounselling.org.uk

Courses For Careers is a recruitment agency powered by universities across England. Based in Uxbridge, Greater London but our services operate nationwide with agents across the country. The team has been helping students for years throughout the university admissions process, ensuring a smooth transition to higher education. Our services are free and available to anyone who meets our requirements. Two days a week courses; Flexible timetable;; No prior qualifications required; Evening and Weekend courses available. Your Higher Education Specialists

Website: www.coursesforcareers.org Social media: @CoursesForCareers

T: 0203 904 1272

E: info@coursesforcareers.org

AKR. ASPIRATION. KNOWLEDGE. RESILIENCE.

Inspired by Akshay's personal goals around revolutionising support for the disadvantaged people; championing and supporting employability skills training, on the job learning and self employment – we are here to challenge youth mindsets around work, for the better. We are an empathy-driven, social impact recruitment organisation that support young and disadvantaged people into work through employment, traineeships and apprenticeships – and direct employability/self-employed skills training. In just one year, we have indirectly brought together over 1,000 job vacancies and over 800 employers to thrive, together.

We are "by young people, for young people".

Website: www.akrgrowth.com

T: +44 7739 595880

E: ar@akshayruparelia.com



EACH

ORGANISING COMMITTEE & SPONSORS

Advanced UK

Joe Gallagher, Director

Adapt by Arlington

Suzanne Machray, Partner, Marketing Director, Flexible Workspace - EMEA

The Atrium

Maeve Flanagan, Building Development Manager

Brunel University London

Andrew Kershaw, Director of Business Engagement Strategy Seb Jenner, Senior Engagement Officer Roy Pulatjonov, Engagement Assistant

Colt Data Services

Matthew Grant, Development Director EMEA

HCUC

Lucy McCann, Head of Marketing Joanne Withers, Principal, Harrow College

Heathrow

James Holmes, Head of Local Strategic Engagement

Hillingdon Chamber of Commerce

Pally Randhawa, Vice-Chairman Mike Langan, Events Co-Ordinator Kim McGearty, Expo Director Honor Carrigan, Expo Administrator

London Borough of Hillingdon

Nigel Cramb, Partnership Manager Sheryl Dixon, Economic Development

Moore Kingston Smith

Jonathan Seymour, Partner
Matthew Hamblin, Junior BD & Marketing Executive

One Care IT Ltd

Pally Randhawa, Director

ORGANISING COMMITTEE & SPONSORS

Segro

Amjad Ajil, Partnership Development Manager

Uxbridge BID

Mike Crane, BID Manager

Ward Williams

Sarena Harwood, Group Marketing Manager

WITH THANKS TO OUR SPONSORS

































A NOTE FROM THE EXPO DIRECTOR

I started working with the Hillingdon Chamber in August 2020 after the Expo had been cancelled for that year. I heard a lot about the event from exhibitors and sponsors who were disappointed it could not take place but, I have to confess, I did not know much about the Expo at the time. So when I was asked to be this year's Director I didn't realise quite what I was agreeing to!

The planning Committee's first meeting was in February, after Brunel kindly gave the go ahead. I learnt some time later that planning usually starts in November, so with a three month delay, the launch of the Chamber's new website, a new CRM and covid measures still in place it is fair to say we have overcome some challenges!

It has been an absolute honour that I have had the opportunity to be involved and, three months later, I now know what the Expo is all about. The event is brought to you through collaboration and teamwork, reliant upon the generous time, money and passion for the business community within the Borough, without which, the Expo would not be possible – thank you to all who have participated. I would like to make a special mention to Honor Carrigan for providing the admin support, going above and beyond the call of duty. Lastly, but certainly not least, Pally Randhawa, Seb Jenner (Expo Producer and Brunel Liaison) and Sarena Harwood of Ward Williams for sharing their knowledge, experience, constant support and patience throughout the whole planning process, being my sounding board and maintaining my sanity!

I hope you will ALL join me for a well earned celebratory drink as we close the 2022 Expo at 4.30pm!

Kim McGearty Expo Director 2022



THE HILLINGDON CHAMBER OF COMMERCE



STAND 22

The Hillingdon Chamber of Commerce is run by a dedicated Committee of volunteers who give their time freely in the interests of Hillingdon based businesses. The Committee are working towards building a strong business community within the London Borough of Hillingdon through regular networking events, supply chains, informative webinars and workshops and supporting developments that benefit the Borough.

All businesses who are based within Hillingdon are welcome - for more information on becoming a member, please come and speak to us at stand 22.

OWN WEB PAGE

- Your company's own dedicated webpage on our website
- A special offers page available to all members to promote your business
- · List job vacancies for free on our website

SUPPORT

- Access to support resources
- · Member to member discounts
- · Campaigning with the local Council and MPs
- Access to local supply chain and resources

EVENTS

- Regular monthly networking
- Invitations to attend special events with guest speakers
- Opportunity to sponsor events
- Webinars, workshops and podcasts

W: **HOME | Hillingdon Chamber of Commerce**

01895 545940 T:

info@hillingdonchamber.co.uk

Social Media: Hillingdon Chamber (@HillingdonCC) / Twitter Hillingdon Chamber of Commerce - Home | Facebook https://www.linkedin.com/company/hillingdon-chamber-of-

commerce/

Additional Credits:

Sasha Chard, Social Media Marketing Sophie Goffin Photography PFP Limited Bangers and Bash

Minuteman Press

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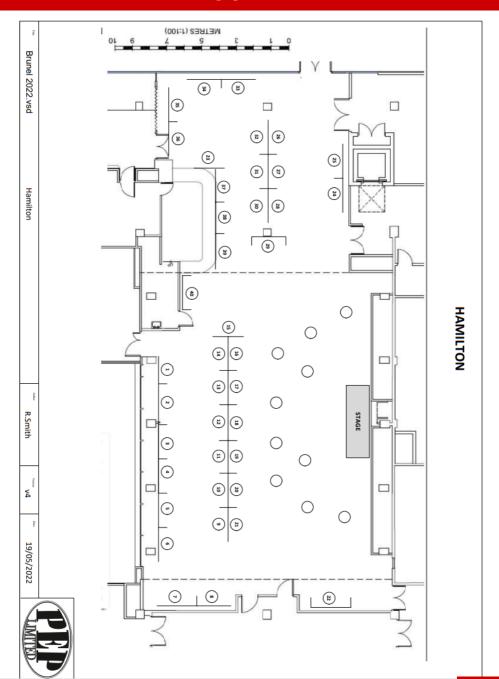
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HM QUEEN ELIZABETH II



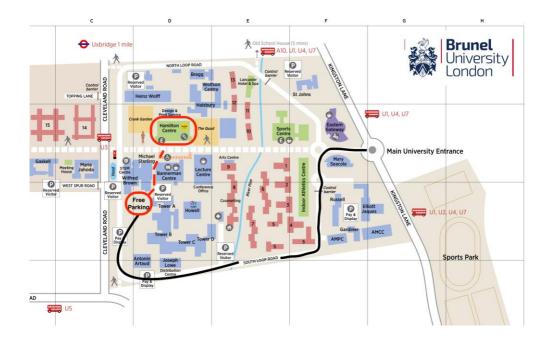
Please join us in celebrating HM Queen Elizabeth II's Platinum Anniversary. All at Brunel and The Hillingdon Chamber of Commerce would like to congratulate Her Majesty and welcome you to raise a glass in her honour with a glass of Pimms on the balcony.

FLOOR PLAN



LOCATION

WHERE TO FIND US



Hamilton Centre Brunel University London Kingston Lane, Uxbridge, UB8 3PN

Free parking is available on campus